

## 31<sup>st</sup> May Sunday Rune and Card Reading



This week the readings are governed by three stunning crystal hearts.

### Reading no. 1 – Carnelian Heart

The energy of Carnelian is said to restore vitality and bring motivation. Stimulating creativity, it promotes positive life choices. A powerful crystal of vibrant energy, it is said to bring courage and create a mindset that motivates for success.

### Reading no. 2 – Lemon Jasper

Lemon Jasper is known as the supreme nurturer. It is said to hold us together during times of stress bringing an inner stability and sense of wholeness and completeness. Connected with the solar plexus chakra, lemon Jasper is a stone of personal power helping us to forge our identity, bringing strength courage and determination.

### Reading no. 3 – Tiger Eye

Tiger Eye is a stone of protection. It is said to bring luck to the wearer and creates a mental clarity that helps us to resolve any problems, particularly when our vision is shrouded in fog.

F.O.G – Fear, Obligation or Guilt!